



## Psychotherapy Evaluation Intake Form

---

### 1. Client Contact Information

Client Name \_\_\_\_\_ Preferred Name \_\_\_\_\_  
Last First MI

Address \_\_\_\_\_

Best contact phone number: \_\_\_\_\_ Email address: \_\_\_\_\_

Referred by: \_\_\_\_\_

### 2. Date of Birth

		/			/				
M	M		D	D		Y	Y	Y	Y

### 3. Age

Years

### 4. Race/Ethnicity (Check one or more):

American Indian/ Alaskan Native  Asian  African American  Hispanic  Caucasian  Other \_\_\_\_\_

### 5. Current marital status (Check one):

Single, never married  Married, living together  Separated  Widowed  Cohabiting with partner

Divorced

Married, not living together  Other \_\_\_\_\_

### 6. If you are married or cohabitating with partner, how long has this been?

7. Total number of marriages 

--

 How many children do you have? 

--

### 8. Spouse's/Partner's Name:

### 9. Who else lives with you?

10. How many years of formal education have you completed? 

--

  
Years



**11. Highest degree obtained: (Check only one)**

- High school graduate  G.E.D.  4 year college degree  M.B.A./M.A./M.S./M.P.H.  M.D.  
 Junior college degree or technical school diploma  J.D./LL.B.  Ph.D  Other \_\_\_\_\_

**12. What best describes your current employment status? (Check one from each category a, b, & c)**

**a. Employment Status**

- Unemployed, not looking for employment  
 Unemployed, looking for employment  
 Full-time employed  Part-time employed  
 Retired  Self-employed  
 On welfare  Social security disability

**b. Student Status**

- Part-time  
 Full-time  
 Not a student

**c. Volunteer Status**

- Volunteer Part-time  
 Volunteer Full-time  
 No Volunteer Work

**13. What is your occupation?**

**14. Current Residence**

- Own my house/ condo  Retirement Complex/Senior Housing  RENTING  Apartment /Condominium

**15. What is your spouse's occupation?**

**16. Have you ever seen a therapist or psychiatrist before? If yes, describe treatment**

**17. Have you ever attempted to harm/kill yourself? If so, please list the occurrences below: Never**



**18. Has anyone in your family ever been treated for depression, anxiety, schizophrenia, suicide attempts, alcohol or drug dependence, or other mental health issues? (Please describe)**

**19. Medical History: Please share any serious medical issues you are currently dealing with or have encountered in the past (i.e. chronic pain, sleep apnea, gastrointestinal problems, eating disorders, head injuries, genital problems, etc.) that may be relevant to your issue or treatment.**

**20. Please List all current medications below that you are currently taking.**

**21. Regarding alcohol and drug use, what is your level of usage (frequency and amount)?**

**22. Is there anything else in particular you feel that the therapist should know about you as you begin therapy?**

**Emergency contact: \_\_\_\_\_ Phone  
# \_\_\_\_\_**